Job Seeking Skills Workshops

April 2016



★ Midvale Employment Center 7292 S. State St. • Midvale

Register for reserved seating. Walk-ins welcome.

- Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.
- No-cost workshops are open to all job seekers.
- Register at jobs.utah.gov, or speak with an employment counselor.
- Workshops start on time. Late-comers will be asked to reschedule.



Job Seeking Skills	
RESUMÉ WRITING:	
1:00 pm-3:30 pm	
1:00 рм-3:30 рм	
INTERVIEWING SKILLS:	
1:00 pm-3:30 pm 1:00 pm-3:30 pm 1:00 pm-3:30 pm	
NETWORKING STRATEGIES:	
1:00 рм-3:30 рм	
*LINKEDIN #1:	
1:00 PM-3:30 PM 1:00 PM-3:30 PM	
*LINKEDIN #2:	
1:00 PM-3:30 PM 1:00 PM-3:30 PM	

RESUMÉ WRITING: Learn how to write and design a cutting-edge resumé and cover letter or power up a current resumé to get that interview. This workshop is designed for customers who are ready to write a resumé and start actively job searching.

INTERVIEWING SKILLS: Learn to be confident in an interview, research employers, market your skills and answer questions to enhance interview effectiveness.

NETWORKING STRATEGIES: Learn how to design and implement a networking plan.

LINKEDIN #1: Learn how to sign up, complete and make your profile effective. We will teach what experts look for in a good

*Prerequisite — must have basic computer and Internet navigation skills. Register first, as computers are limited.

LINKEDIN #2: Learn how to find and connect to others that can help you in your career. Find networking opportunities, get introductions, personal brand management and job search. *Prerequisite — must have a current LinkedIn account and complete profile or have attended LinkedIn #1. Register first, as computers are limited.

continued





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April 2016 (continued)

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Life Skills	
BUDGETING AND CREDIT:	
Budgeting - Apr 19 Credit - Apr 21	8:45 AM-12:00 PM - TIER 1 8:45 AM-12:00 PM - TIER 1

FINDING HEALTHY RELATIONSHIPS - HOW TO **AVOID A JERK OR JERKETTE:**

Apr 6 9:00 AM-12:00 PM BREAK/LUNCH 1:00 PM-4:00 PM

STRENGTHENING THE COUPLE **RELATIONSHIP:**

Apr 13 9:00 AM-12:00 PM BREAK/LUNCH 1:00 PM-4:00 PM

PARENTING WITH LOVE AND LOGIC:

9:00 AM-12:00 PM Apr 20 BREAK/LUNCH 1:00 PM-4:00 PM

BUDGETING AND CREDIT: Learn how to budget, save, repay debt and build credit.

FINDING HEALTHY RELATIONSHIPS - How to Avoid a

Jerk or Jerkette: For singles of all ages—participants learn steps to building a high-quality, long-lasting relationship.

STRENGTHENING THE COUPLE RELATIONSHIP:

Designed for couples in committed relationships—learn to understand one another's differences, increase trust and dependability and develop a deeper commitment.

PARENTING WITH LOVE AND LOGIC:

Learn how to raise responsible children and have more fun—topics include ending power struggles, teaching responsibility, setting limits and preventing arguments, problem solving and completing chores without conflict.

